

House Resolution 45EX

By: Representatives Schofield of the 63rd, Cannon of the 58th, Davis of the 87th, Scott of the 76th, and Lim of the 98th

A RESOLUTION

1 Recognizing June 29, 2026, as Migraine and Headache Awareness Day; and for other
2 purposes.

3 WHEREAS, migraine is a complex neurological disease characterized by recurring attacks
4 that often include severe head pain, visual disturbances, nausea, vomiting, dizziness,
5 sensitivity to light, sound, touch, and smell, and other disabling neurological symptoms that
6 significantly impair daily functioning; and

7 WHEREAS, migraine affects approximately 39 million Americans and more than one billion
8 people worldwide, making it one of the most prevalent and disabling neurological disorders
9 in the world; and

10 WHEREAS, nearly one in four households in the United States includes an individual living
11 with migraine, and approximately 12 percent of the population, including children,
12 experiences migraine disease; and

13 WHEREAS, migraine most commonly affects individuals during their prime working and
14 caregiving years, between the ages of 18 and 44, impacting educational attainment,
15 workforce participation, family responsibilities, and overall quality of life; and

16 WHEREAS, migraine disproportionately affects women, with approximately 18 percent of
17 women experiencing migraine compared to 6 percent of men, and an estimated one in four
18 women will experience migraine during her lifetime; and

19 WHEREAS, approximately 10 percent of school-age children experience migraine, resulting
20 in increased school absences, diminished academic performance, and disruptions to social
21 and developmental activities; and

22 WHEREAS, migraine is more than a headache; it is a chronic neurological disease that can
23 contribute to depression, anxiety, sleep disturbances, social isolation, and long-term disability
24 for millions of individuals; and

25 WHEREAS, more than four million Americans live with chronic migraine, experiencing
26 headaches on 15 or more days each month, and more than 90 percent of migraine sufferers
27 report being unable to work or function normally during an attack; and

28 WHEREAS, migraine imposes a substantial economic burden on the United States through
29 healthcare expenditures, emergency department visits, lost productivity, absenteeism,
30 reduced workforce participation, and disability-related costs, totaling an estimated \$36 billion
31 annually; and

32 WHEREAS, American employers lose more than \$13 billion each year due to
33 migraine-related absenteeism and reduced productivity, accounting for more than 113 million
34 lost workdays annually; and

35 WHEREAS, migraine remains widely underdiagnosed and undertreated despite advances in
36 medical research and treatment options, and many individuals continue to face barriers to
37 timely diagnosis, specialized care, and preventive treatment; and

38 WHEREAS, increasing public awareness, reducing stigma, improving access to
39 evidence-based care, expanding workforce education, and supporting research are essential
40 to improving outcomes for individuals living with migraine and other headache disorders;
41 and

42 WHEREAS, organizations such as the American Migraine Foundation, National Headache
43 Foundation, Association of Migraine Disorders, Chronic Migraine Awareness, Miles for
44 Migraine, Global Healthy Living Foundation, and US Pain Foundation work tirelessly to
45 educate patients, caregivers, healthcare professionals, policymakers, and the public regarding
46 migraine disease and headache disorders; and

47 WHEREAS, an estimated hundreds of thousands of Georgians live with migraine disease,
48 making it a significant public health concern that impacts the health, well-being,
49 productivity, and quality of life of individuals, families, schools, workplaces, and
50 communities throughout this state; and

51 WHEREAS, it is appropriate to recognize Migraine and Headache Awareness Day as an
52 opportunity to increase understanding of migraine disease, promote early diagnosis and
53 treatment, support patients and caregivers, and encourage continued investment in research,
54 education, and public awareness efforts.

55 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
56 the members of this body recognize June 29, 2026, as Migraine and Headache Awareness
57 Day.

58 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
59 and directed to make appropriate copies of this resolution available for distribution to the
60 public and the press.