

House Resolution 1166

By: Representatives Carter of the 93rd, Paris of the 142nd, Beckles of the 96th, Scott of the 76th, Davis of the 87th, and others

A RESOLUTION

1 Recognizing Friday, February 6, 2026, as National Wear Red Day; and for other purposes.

2 WHEREAS, cardiovascular disease is the leading cause of death among women in the United
3 States, claiming the lives of one in every three women each year and surpassing all forms of
4 cancer combined; and

5 WHEREAS, nearly half of all women over the age of 20 are living with some form of
6 cardiovascular disease, yet most women remain unaware of their personal risk factors or the
7 unique ways heart disease can present in women; and

8 WHEREAS, women often experience heart attack symptoms that differ from men—such as
9 shortness of breath, nausea, back or jaw pain, extreme fatigue, or dizziness—which can lead
10 to delayed treatment and poorer outcomes when these symptoms are not recognized; and

11 WHEREAS, significant disparities persist, with Black, Hispanic/Latina, and Indigenous
12 women facing higher rates of cardiovascular disease and barriers to prevention, diagnosis,
13 and equitable access to care; and

14 WHEREAS, stroke is also a major threat to women’s health, as women are more likely than
15 men to experience a stroke, more likely to die from one, and more likely to suffer long-term
16 disability; and

17 WHEREAS, research shows that women are less likely to receive bystander CPR during a
18 cardiac emergency, in part due to fears and misconceptions that must be addressed through
19 community-wide education and awareness; and

20 WHEREAS, for more than two decades, the American Heart Association’s Go Red for
21 Women movement has led the charge in educating women about cardiovascular disease,
22 advancing scientific research, advocating for equitable healthcare, and empowering women
23 to take charge of their heart health; and

24 WHEREAS, National Wear Red Day, observed on the first Friday of February, brings
25 communities together to raise awareness, spark meaningful conversations about women’s
26 heart and brain health, and inspire lifesaving action.

27 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
28 the members of this body recognize Friday, February 6, 2026, as National Wear Red Day,
29 and encourage all residents of the State of Georgia to learn the signs and symptoms of heart
30 disease and stroke in women; support prevention and early detection; and join the effort to
31 improve women’s cardiovascular health through awareness, education, and action.

32 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
33 and directed to make appropriate copies of this resolution available for distribution to the
34 public and the press.