

## House Resolution 1067

By: Representatives Douglas of the 78<sup>th</sup>, Miller of the 62<sup>nd</sup>, Kendrick of the 95<sup>th</sup>, Hugley of the 141<sup>st</sup>, Alexander of the 66<sup>th</sup>, and others

## A RESOLUTION

1 Recognizing January and August 2026 as Neurotherapy Month; and for other purposes.

2 WHEREAS, neurotherapy, including modalities such as biofeedback, neurofeedback,  
3 quantitative electroencephalography (qEEG), and psychophysiological assessments,  
4 constitutes a scientifically grounded, non-invasive, and drug-free approach to supporting  
5 mental, emotional, cognitive, and neurological health; and

6 WHEREAS, biofeedback and neurofeedback are evidence-based modalities recognized by  
7 the American Psychological Association (APA), the Association for Applied  
8 Psychophysiology and Biofeedback (AAPB), and the International Society for  
9 Neuroregulation & Research (ISNR) with clinical applications for anxiety, depression,  
10 ADHD, PTSD, traumatic brain injury, sleep disorders, substance use, epilepsy, learning  
11 disabilities, and more; and

12 WHEREAS, thousands of Georgians, particularly veterans, children, adolescents, and  
13 individuals with neurological or emotional disorders, stand to benefit from increased access  
14 to neurotherapy and neuroregulation services that support nervous system resilience and  
15 self-regulation; and

16 WHEREAS, neurotherapy can help optimize both sports performance and leadership  
17 capabilities, with varied effectiveness between individuals and contexts; and

18 WHEREAS, neurotherapy training helps athletes regulate their brain activity to improve  
19 focus, reduce anxiety, and more consistently enter flow states; and

20 WHEREAS, top athletes such as Olympic shooters, elite gymnasts, and even NFL teams  
21 have used neurofeedback for peak mental performance; and

22 WHEREAS, in leadership and executive performance, neurotherapy can sharpen cognitive  
23 and emotional skills that are key to effective decision-making, executive function, creative  
24 thinking, and interpersonal effectiveness; and

25 WHEREAS, Georgia is home to a growing network of interdisciplinary clinics, licensed  
26 mental health professionals, certified neurofeedback providers, and academic researchers  
27 advancing the field of psychophysiology and integrative neurotherapy; and

28 WHEREAS, neurotherapy is particularly impactful in underserved and rural communities  
29 where access to psychiatric medications or traditional mental health services may be limited,  
30 offering a safe, cost-effective complement or alternative to conventional approaches; and

31 WHEREAS, promoting Neurotherapy Month during August and January serves to raise  
32 awareness, encourage preventative and rehabilitative brain health practices, and support  
33 ongoing discussions around integrative, data-driven, and accessible mental health care.

34 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that  
35 the members of this body recognize January and August 2026 are recognized as  
36 Neurotherapy Month.

37 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized  
38 and directed to make appropriate copies of this resolution available for distribution to the  
39 public and the press.