

House Resolution 1069

By: Representatives Carter of the 92nd, Hugley of the 136th, Stephenson of the 90th, Schofield of the 60th, McLeod of the 105th, and others

A RESOLUTION

1 Recognizing February 7, 2020, as National Wear Red Day in recognition of the importance
2 of the ongoing fight against heart disease and stroke in women; and for other purposes.

3 WHEREAS, cardiovascular diseases kill one in three women in the United States, yet 80
4 percent of cardiovascular diseases may be prevented; and

5 WHEREAS, cardiovascular diseases and stroke kill one woman every 80 seconds in the
6 United States; and

7 WHEREAS, nearly 45 percent of women aged 20 and older are living with some form of
8 cardiovascular disease; and

9 WHEREAS, ninety percent of women have one or more risk factors for developing heart
10 disease or stroke; and

11 WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms
12 of a heart attack than they are if someone else were having a heart attack; and

13 WHEREAS, more than 40 percent of Hispanic women and more than 57 percent of black
14 women have cardiovascular disease; and

15 WHEREAS, cardiovascular disease is the leading cause of all maternal death; and

16 WHEREAS, the American Heart Association's Go Red For Women movement motivates
17 women to learn their family history and to meet with a healthcare provider to determine their
18 risk for cardiovascular diseases and stroke; and

19 WHEREAS, women involved with the Go Red for Women movement live healthier lives;
20 and

21 WHEREAS, Go Red for Women encourages women to take control of their heart health by
22 knowing and managing these five numbers: total cholesterol, HDL (good) cholesterol, blood
23 pressure, blood sugar, and body mass index (BMI).

24 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
25 the members of this body recognize February 7, 2020, as National Wear Red Day in
26 recognition of the importance of the ongoing fight against heart disease and stroke in women.

27 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
28 and directed to make appropriate copies of this resolution available for distribution to the
29 public and the press.