

Senate Resolution 134

By: Senators Seay of the 34th and Butler of the 55th

A RESOLUTION

- 1 Recognizing February 13, 2019, as National Wear Red Day; and for other purposes.
- 2 WHEREAS, cardiovascular diseases are the number one killer of women in the United
3 States, killing one woman almost every 80 seconds; and
- 4 WHEREAS, about 80 percent of cardiovascular diseases may be prevented because many
5 factors which lead to it can be controlled, including blood pressure, smoking habits,
6 cholesterol levels, and physical activity; and
- 7 WHEREAS, the American Heart Association's Go Red For Women movement motivates
8 women to learn their family history and to meet with a health care provider to determine their
9 risk for cardiovascular diseases and stroke; and
- 10 WHEREAS, Go Red For Women encourages women to take control of their heart health by
11 knowing five life-changing numbers: their total cholesterol, HDL cholesterol, blood pressure,
12 blood sugar, and body mass index; and
- 13 WHEREAS, by empowering women to become more aware of their risk for cardiovascular
14 diseases, and in educating them on the steps necessary for prevention, thousands of lives can
15 be saved each year.
- 16 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE that the members of this body
17 recognize February 13, 2019, as National Wear Red Day and encourage all citizens to show
18 their support for women and the fight against heart disease by wearing the color red.
- 19 BE IT FURTHER RESOLVED that the Secretary of the Senate is authorized and directed
20 to make appropriate copies of this resolution available for distribution to the public and the
21 press.