House Bill 716

By: Representatives Waites of the 60th, Jones of the 53rd, Gardner of the 57th, Kendrick of the 93rd, Mitchell of the 88th, and others

A BILL TO BE ENTITLED AN ACT

- 1 To amend Title 39 of the Official Code of Georgia Annotated, relating to minors, so as to
- 2 provide for findings; to provide that a person licensed to provide professional counseling
- 3 under Title 43 of the Official Code of Georgia Annotated, including but not limited to
- 4 psychiatrists, psychologists, professional counselors, social workers, marriage and family
- 5 therapists, or certain other persons, shall not engage in sexual orientation change efforts with
- 6 a person under 18 years of age; to provide for related matters; to repeal conflicting laws; and
- 7 for other purposes.

8 BE IT ENACTED BY THE GENERAL ASSEMBLY OF GEORGIA:

9 SECTION 1.

- 10 Title 39 of the Official Code of Georgia Annotated, relating to minors, is amended by adding
- 11 a new chapter to read as follows:
- 12 "<u>CHAPTER 6</u>
- 13 <u>39-6-1.</u>
- 14 The General Assembly finds and declares that:
- 15 (1) Being lesbian, gay, or bisexual is not a disease, disorder, illness, deficiency, or
- shortcoming. The major professional associations of mental health practitioners and
- 17 <u>researchers in the United States have recognized this fact for nearly 40 years;</u>
- 18 (2) The American Psychological Association convened a Task Force on Appropriate
- 19 <u>Therapeutic Responses to Sexual Orientation</u>. The task force conducted a systematic
- 20 review of peer-reviewed journal literature on sexual orientation change efforts and issued
- 21 <u>a report in 2009</u>. The task force concluded that sexual orientation change efforts can pose
- 22 <u>critical health risks to lesbian, gay, and bisexual people, including confusion, depression,</u>
- 23 guilt, helplessness, hopelessness, shame, social withdrawal, suicide, substance abuse,
- 24 stress, disappointment, self-blame, decreased self-esteem and authenticity to others,

25 increased self-hatred, hostility and blame toward parents, feelings of anger and betrayal, loss of friends and potential romantic partners, problems in sexual and emotional 26 27 intimacy, sexual dysfunction, high-risk sexual behaviors, feelings of being dehumanized 28 and untrue to self, loss of faith, and a sense of having wasted time and resources; (3) The American Psychological Association issued a resolution on Appropriate 29 30 Affirmative Responses to Sexual Orientation Distress and Change Efforts in 2009, which 31 stated: '[T]he American Psychological Association advises parents, guardians, young people, and their families to avoid sexual orientation change efforts that portray 32 33 homosexuality as a mental illness or developmental disorder and to seek psychotherapy, 34 social support, and educational services that provide accurate information on sexual orientation and sexuality, increase family and school support, and reduce rejection of 35 36 sexual minority youth'; 37 (4) The American Psychiatric Association published a position statement in March of 38 2000 in which it stated: 39 Psychotherapeutic modalities to convert or "repair" homosexuality are based on 40 developmental theories whose scientific validity is questionable. Furthermore, anecdotal reports of "cures" are counterbalanced by anecdotal claims of psychological 41 42 harm. In the last four decades, "reparative" therapists have not produced any rigorous 43 scientific research to substantiate their claims of cure. Until there is such research 44 available, [the American Psychiatric Association] recommends that ethical practitioners 45 refrain from attempts to change individuals' sexual orientation, keeping in mind the 46 medical dictum to first, do no harm; 47 The potential risks of reparative therapy are great, including depression, anxiety, and 48 self-destructive behavior, since therapist alignment with societal prejudices against 49 homosexuality may reinforce self-hatred already experienced by the patient. Many 50 patients who have undergone reparative therapy relate that they were inaccurately told 51 that homosexuals are lonely, unhappy individuals who never achieve acceptance or 52 satisfaction. The possibility that the person might achieve happiness and satisfying interpersonal relationships as a gay man or lesbian is not presented, nor are alternative 53 54 approaches to dealing with the effects of societal stigmatization discussed; and 55 Therefore, the American Psychiatric Association opposes any psychiatric treatment 56 such as reparative or conversion therapy which is based upon the assumption that 57 homosexuality per se is a mental disorder or based upon the a priori assumption that a 58 patient should change his or her sexual orientation; 59 (5) The American School Counselor Association's position statement on professional 60 school counselors and lesbian, gay, bisexual, transgender, and questioning (LGBTQ) 61 youth states: 'It is not the role of the professional school counselor to attempt to change

62 a student's sexual orientation or gender identity but instead to provide support to LGBTQ students to promote student achievement and personal well-being. Recognizing that 63 64 sexual orientation is not an illness and does not require treatment, professional school 65 counselors may provide individual student planning or responsive services to LGBTQ students to promote self-acceptance, deal with social acceptance, understand issues 66 67 related to coming out, including issues that families may face when a student goes 68 through this process, and identify appropriate community resources'; (6) The American Academy of Pediatrics in 1993 published an article in its journal, 69 70 <u>Pediatrics</u>, stating: 'Therapy directed at specifically changing sexual orientation is 71 contraindicated, since it can provoke guilt and anxiety while having little or no potential 72 for achieving changes in orientation'; 73 (7) The American Medical Association Council on Scientific Affairs prepared a report 74 in 1994 in which it stated: 'Aversion therapy, a behavioral or medical intervention which 75 pairs unwanted behavior, in this case, homosexual behavior, with unpleasant sensations 76 or aversive consequences, is no longer recommended for gay men and lesbians. Through 77 psychotherapy, gay men and lesbians can become comfortable with their sexual 78 orientation and understand the societal response to it'; 79 (8) The National Association of Social Workers prepared a 1997 policy statement in 80 which it stated: 'Social stigmatization of lesbian, gay, and bisexual people is widespread 81 and is a primary motivating factor in leading some people to seek sexual orientation 82 changes. Sexual orientation conversion therapies assume that homosexual orientation is 83 both pathological and freely chosen. No data demonstrate that reparative or conversion therapies are effective, and in fact, they may be harmful'; 84 85 (9) The American Counseling Association Governing Council issued a position statement in April, 1999, in which it stated: 'We oppose the promotion of "reparative 86 87 therapy" as a "cure" for individuals who are homosexual; 88 (10) The American Psychoanalytic Association issued a position statement in June, 2012, 89 on attempts to change sexual orientation, gender identity, or gender expression, in which 90 the association stated: 91 As with any societal prejudice, bias against individuals based on actual or perceived 92 sexual orientation, gender identity, or gender expression negatively affects mental 93 health, contributing to an enduring sense of stigma and pervasive self-criticism through 94 the internalization of such prejudice. Psychoanalytic technique does not encompass purposeful attempts to "convert," 95 "repair," change, or shift an individual's sexual orientation, gender identity, or gender 96 97 expression. Such directed efforts are against fundamental principles of psychoanalytic

98 treatment and often result in substantial psychological pain by reinforcing damaging 99 internalized attitudes; 100 (11) The American Academy of Child and Adolescent Psychiatry in 2012 published an 101 article in its journal, Journal of the American Academy of Child and Adolescent Psychiatry, stating: 'Clinicians should be aware that there is no evidence that sexual 102 103 orientation can be altered through therapy and that attempts to do so may be harmful. 104 There is no empirical evidence adult homosexuality can be prevented if gender 105 nonconforming children are influenced to be more gender conforming. Indeed, there is 106 no medically valid basis for attempting to prevent homosexuality, which is not an illness. 107 On the contrary, such efforts may encourage family rejection and undermine self-esteem, connectedness, and caring, important protective factors against suicidal ideation and 108 109 attempts. Given that there is no evidence that efforts to alter sexual orientation are 110 effective, beneficial, or necessary, and the possibility that they carry the risk of significant 111 harm, such interventions are contraindicated'; 112 (12) The Pan American Health Organization, a regional office of the World Health 113 Organization, issued a statement in May, 2012, stating: 'These supposed conversion 114 therapies constitute a violation of the ethical principles of health care and violate human 115 rights that are protected by international and regional agreements.' The organization also 116 noted that reparative therapies 'lack medical justification and represent a serious threat 117 to the health and well-being of affected people'; 118 (13) Minors who experience family rejection based on their sexual orientation face 119 especially serious health risks. In one study, lesbian, gay, and bisexual young adults who 120 reported higher levels of family rejection during adolescence were 8.4 times more likely to report having attempted suicide, 5.9 times more likely to report high levels of 121 122 depression, 3.4 times more likely to use illegal drugs, and 3.4 times more likely to report 123 having engaged in unprotected sexual intercourse compared with peers from families that reported no or low levels of family rejection. This is documented by Caitlin Ryan et al. 124 125 in their article entitled 'Family Rejection as a Predictor of Negative Health Outcomes in White and Latino Lesbian, Gay, and Bisexual Young Adults' (2009) 123 Pediatrics 346; 126 127 <u>and</u> 128 (14) Georgia has a compelling interest in protecting the physical and psychological well-being of minors, including lesbian, gay, bisexual, and transgender youth, and in 129 130 protecting its minors against exposure to serious harms caused by sexual orientation 131 change efforts.

132	<u>39-6-2.</u>
133	(a) As used in this Code section, the term 'sexual orientation change efforts' means the
134	practice of seeking to change a person's sexual orientation, including but not limited to
135	efforts to change behavior, gender identity, or gender expression, or to reduce or eliminate
136	sexual or romantic attractions or feelings toward persons of the same gender; except that
137	sexual orientation change efforts shall not include counseling for a person seeking to
138	transition from one gender to another, or counseling that:
139	(1) Provides acceptance, support, and understanding of a person or facilitates a person's
140	coping, social support, and identity exploration and development, including sexual
141	orientation-neutral interventions to prevent or address unlawful conduct or unsafe sexual
142	practices; and
143	(2) Does not seek to change sexual orientation.
144	(b) A person who is licensed to provide professional counseling under Title 43, including
145	but not limited to psychiatrists, psychologists, professional counselors, social workers,
146	marriage and family therapists, or any person who performs counseling as part of the
147	person's professional training for any of these professions, shall not engage in sexual
148	orientation change efforts with a person under 18 years of age."

SECTION 2.

150 All laws and parts of laws in conflict with this Act are repealed.