

House Resolution 121

By: Representatives Dempsey of the 13th, Houston of the 170th, Sims of the 123rd, Abrams of the 89th, Hugley of the 136th, and others

A RESOLUTION

1 Recognizing and commending the American Heart Association's Go Red For Women
2 movement and recognizing February 6, 2015, as National Wear Red Day; and for other
3 purposes.

4 WHEREAS, heart disease is the number one killer of women, yet 80 percent of cardiac
5 events can be prevented; and

6 WHEREAS, cardiovascular diseases cause one in three women's deaths each year, killing
7 approximately one woman every minute; and

8 WHEREAS, an estimated 44 million women in the United States are affected by
9 cardiovascular diseases; and

10 WHEREAS, ninety percent of women have one or more risk factors for developing heart
11 disease, yet only one in five American women believe that heart disease is her greatest health
12 threat; and

13 WHEREAS, since 1984, more women than men have died each year from heart disease,
14 women comprise only 24 percent of participants in all heart-related studies, and women are
15 less likely to call 911 for themselves when experiencing symptoms of a heart attack than they
16 are if someone else were having a heart attack; and

17 WHEREAS, only 43 percent of African American women and 44 percent of Hispanic
18 women know that heart disease is their greatest health risk, compared with 60 percent of
19 Caucasian women; and

20 WHEREAS, women involved with the American Heart Association's Go Red For Women
21 movement live healthier lives, and nearly 90 percent have made at least one healthy behavior
22 change; and

23 WHEREAS, Go Red For Women is asking all Americans to Go Red by wearing red and
24 speaking red by doing the following: check blood pressure and cholesterol, stop smoking,
25 lose weight, exercise, eat healthy, advocate for more women-related research and education,
26 make healthy food choices, tell every woman that heart disease is her number one killer, and
27 visit GoRedForWomen.org; and

28 WHEREAS, in celebration of the 12th National Wear Red Day on February 6, 2015, Go Red
29 For Women is strongly urging all women across America to join us in making America Go
30 Red and save women's lives.

31 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
32 the members of this body commend the American Heart Association's Go Red For Women
33 movement and recognize February 6, 2015, as National Wear Red Day.

34 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
35 and directed to make appropriate copies of this resolution available for distribution to the
36 American Heart Association's Go Red For Women Organization.