

## House Resolution 1804

By: Representatives Morgan of the 39<sup>th</sup>, Smith of the 41<sup>st</sup>, Evans of the 42<sup>nd</sup>, Clark of the 101<sup>st</sup>, and Hugley of the 136<sup>th</sup>

## A RESOLUTION

- 1 Encouraging the State Board of Education to accept dance classes as credit for fulfilling physical education course requirements; and for other purposes.
- 3 WHEREAS, State Board of Education Rule 160-4-2-.12 requires local boards of education to develop and implement an accurate comprehensive health and physical education program that includes motor skills, physical fitness, and lifetime sports. The rule further requires 90 hours of contact instruction in physical education and health for students in grades K-5 and must be made available for students in grades 6-12. State Board of Education Rule 160-4-2-.47 requires high school students to complete one unit of Health and Physical Education (out of 22 units) in order to graduate; and
- 10 WHEREAS, students must combine one-half or one-third units of credit of Health, Health and Personal Fitness, or Advanced Personal Fitness to satisfy this requirement. Three units of credit in JROTC (Junior Reserve Officer Training Corps) may be used to satisfy this requirement under certain conditions; and
- 14 WHEREAS, it is the role of quality physical education programs to help students develop health-related fitness, physical competence in movement activities, cognitive understanding, and positive attitudes toward physical activity so that they can adopt healthy and physically active lifestyles; and
- 18 WHEREAS, dance has fulfilled all six Georgia Performance Standards related to Physical Education; and
- 20 WHEREAS, dance can be used to demonstrate competency in motor skills and patterns needed to perform a variety of activities based on Standard 1 of the Georgia Performance Standards on Physical Education; and

23 WHEREAS, dance demonstrates the understanding of movement concepts, principles,  
24 strategies, and tactics as they apply to the learning and performance of physical activities  
25 based on Standard 2 of the Georgia Performance Standards on Physical Education; and

26 WHEREAS, dance is categorized as a physical activity that requires cardiovascular  
27 conditioning, strength, agility and flexibility. Students who choose to use dance as a  
28 Personal Fitness requirement are more inclined to participate in this activity outside the  
29 classroom, which then becomes more meaningful to the student. Students will take charge  
30 of their own learning and fitness goals to sustain good health based on Standard 3 of the  
31 Georgia Performance Standards on Physical Education; and

32 WHEREAS, dance is conducive to the development of a personal fitness plan that reflects  
33 the needs of the student which satisfies Standard 6 of the Georgia Performance Standards on  
34 Physical Education; and

35 WHEREAS, dancing is a social activity that builds social skills, while contributing to the  
36 development of high self-esteem, increased self-confidence and a positive outlook based on  
37 Standard 5 of the Georgia Performance Standards on Physical Education; and

38 WHEREAS, dance facilitates weight management, improves flexibility, builds strength,  
39 boosts memory, improves balance, coordination and spatial awareness, reduces risk of  
40 osteoporosis, increases stamina, and endurance, which satisfies Standard 6 of the Georgia  
41 Performance Standards on Physical Education; and

42 WHEREAS, dance is considered a joyous activity that fosters authentic self-expression and  
43 community building, which satisfies Standard 6 of the Georgia Performance Standards on  
44 Physical Education.

45 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that  
46 this body requests that the State Board of Education accept dance classes as credit for  
47 fulfilling physical education course requirements.

48 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized  
49 and directed to transmit an appropriate copy of this resolution to the State Board of  
50 Education.