

## House Resolution 1297

By: Representatives Abrams of the 84<sup>th</sup>, Morgan of the 39<sup>th</sup>, Kaiser of the 59<sup>th</sup>, Clark of the 104<sup>th</sup>, Ashe of the 56<sup>th</sup>, and others

## A RESOLUTION

1 Recognizing February 3, 2012, as "National Wear Red Day" at the state capitol; and for other  
2 purposes.

3 WHEREAS, diseases of the heart are the nation's leading cause of death, and stroke is the  
4 fourth leading cause of death in the United States; and

5 WHEREAS, each year, cardiovascular diseases claim the lives of almost 419,000 American  
6 females, about one death per minute; and

7 WHEREAS, each year, 52 percent of all cardiovascular disease deaths occur in females, and  
8 60 percent of all stroke death victims are females; and

9 WHEREAS, 26 percent of women die within a year of suffering a heart attack, compared  
10 with 19 percent of men; and

11 WHEREAS, more women die of heart disease, stroke, and all other cardiovascular diseases  
12 than the next three leading causes of death combined, including all cancers, yet only 16  
13 percent of women surveyed in 2009 consider cardiovascular disease their greatest health risk;  
14 and

15 WHEREAS, common symptoms for women include pain of the jaw, arm, or back, but most  
16 report a delay in seeking treatments after the symptoms began, anywhere from 15 minutes  
17 to two weeks; and

18 WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms  
19 of a heart attack than if someone else were having a heart attack; and

20 WHEREAS, February is designated as American Heart Month, and "Go Red For Women"  
21 is the American Heart Association's national call to increase awareness about the leading

22 cause of death for women, heart disease, and to inspire women to take charge of their heart  
23 health; and

24 WHEREAS, all women should learn their own personal risk for heart disease, using tools  
25 such as the American Heart Association's My Life Check, Go Red For Women Heart  
26 CheckUp, and Go Red for Women Better U, and by talking to their health care provider; and

27 WHEREAS, in recognition of the importance of the ongoing fight against heart disease and  
28 stroke, February 3, 2012, is recognized as "National Wear Red Day" at the state capitol.

29 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that  
30 the members of this body recognize February 3, 2012, as "National Wear Red Day" at the  
31 state capitol and urge all citizens to show their support for women and the fight against heart  
32 disease by commemorating this day by the wearing of the color red, increasing awareness,  
33 and empowering women to reduce their risk for cardiovascular disease.

34 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized  
35 and directed to transmit a copy of this resolution to the American Heart Association.