

Senate Resolution 1044

By: Senators Carter of the 13th and Thomas of the 54th

### A RESOLUTION

1 Recognizing Thursday, February 28, 2008, as the kickoff for the 2008 Legislative Fitness  
2 Challenge; and for other purposes.

3 WHEREAS, on Thursday, February 28, 2008, the Georgia Coalition for Physical Activity  
4 and Nutrition (GPAN) and the Atlanta Falcons Youth Foundation will kick off the 2008  
5 Legislative Fitness Challenge on the capitol steps on Washington Street; and

6 WHEREAS, there are over 6,700 deaths annually caused by obesity related illnesses; and

7 WHEREAS, Georgia is the 12th "fattest" state in the United States; and

8 WHEREAS, 1 in 3 middle school students and over 59 percent of adults are overweight or  
9 obese; and

10 WHEREAS, health care costs in this area exceed \$2.1 billion annually and continue to rise;  
11 and

12 WHEREAS, 44 percent of students do not meet recommended daily amounts of moderate  
13 to vigorous physical activity; and

14 WHEREAS, 87 percent of schools do not meet the recommended time requirements for  
15 physical education classes; and

16 WHEREAS, 30.1 percent of low-income children in Georgia between the ages of 2 and 5 are  
17 overweight or at risk of becoming overweight; and

18 WHEREAS, only 1 in 5 high school students and only 1 in 4 adults eat the recommended 5  
19 or more servings of fruit and vegetables per day; and

1 WHEREAS, the 2008 Legislative Fitness Challenge is an effort to improve the overall  
2 wellness and awareness of the members of the Georgia General Assembly by having them  
3 lead by example as the State of Georgia fights to reverse the obesity and diabetes trend that  
4 is so prevalent across the state.

5 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE that the members of this body  
6 recognize Thursday, February 28, 2008, as the kickoff for the 2008 Legislative Fitness  
7 Challenge and commend GPAN and the Atlanta Falcons Youth Foundation for their efforts  
8 to reduce obesity.

9 BE IT FURTHER RESOLVED that the Secretary of the Senate is authorized and directed  
10 to transmit an appropriate copy of this resolution to GPAN and the Atlanta Falcons Youth  
11 Foundation.