

Senate Resolution 859

By: Senator Thomas of the 10th

A RESOLUTION

1 Recognizing National Sleep Awareness Week; and for other purposes.

2 WHEREAS, National Sleep Awareness Week will be observed Monday, April 1 through
3 Sunday, April 7, 2002, and will explore its theme "Sleep for Success"; and

4 WHEREAS, National Sleep Awareness Week is a major public awareness campaign
5 sponsored by the National Sleep Foundation to promote the importance of quality sleep to
6 health, productivity, and safety; and

7 WHEREAS, sleep deprivation and sleep disorders are major public health problems
8 confronting the American public which have not been adequately addressed by the medical
9 profession; and

10 WHEREAS, the National Sleep Commission estimated that 40 million Americans suffer
11 from undiagnosed and untreated, or misdiagnosed and mistreated, chronic sleep disorders;
12 and

13 WHEREAS, sleep apnea is now recognized as a major reversible, underrecognized, and
14 undertreated illness which is a major cause of many common health conditions and resulting
15 in thousands of motor vehicle accidents and injuries; and

16 WHEREAS, the absence of awareness of these problems relating to sleep is so pervasive and
17 the consequences are potentially so dire as to constitute a national emergency in the opinion
18 of some experts; and

19 WHEREAS, National Sleep Awareness Week was initiated to provide to the American
20 public the benefits of the research knowledge accumulated in the field of sleep which can
21 save lives; and

1 WHEREAS, National Sleep Awareness Week provides a focus of activity involving the
2 National Sleep Foundation, its sponsors, the media, and thousands of citizens across the
3 country who commit to "Wake America to the Importance of Sleep."

4 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE that the members of this body
5 recognize the observance of National Sleep Awareness Week, April 1 through April 7, 2002,
6 and express their support for the worthy goals and objectives of the National Sleep
7 Foundation on behalf of the health and safety of the American public.

8 BE IT FURTHER RESOLVED that the Secretary of the Senate is authorized and directed
9 to transmit an appropriate copy of this resolution to the National Sleep Foundation.