

Senate Resolution 705

By: Senator Thomas of the 10th

## A RESOLUTION

1 Designating National Nutrition Month in Georgia; and for other purposes.

2 WHEREAS, licensed dietitians and other qualified nutritionists are the providers of dietetics  
3 and medical nutrition therapy for the citizens of this state; and

4 WHEREAS, licensed dietitians and other qualified nutritionists educate citizens on good  
5 nutritional intake and its contribution to sustained good health and improved quality of life;  
6 and

7 WHEREAS, through the efforts of licensed dietitians and other health care providers in  
8 providing improved nutrition to the general population, the diseases of nutritional  
9 deficiencies such as rickets, pellagra, scurvy, beriberi, xerophthalmia, and goiter have largely  
10 been conquered; and

11 WHEREAS, five of the ten leading causes of death in Georgia--coronary heart disease,  
12 cancer, stroke, diabetes, and atherosclerosis--are linked with diet; and

13 WHEREAS, the afflictions of high blood pressure, obesity, osteoporosis, liver disease, and  
14 gastrointestinal maladies have a link to dietary excesses or deficiencies; and

15 WHEREAS, good nutrition practices taught to the citizens of Georgia by licensed dietitians,  
16 including intake of a variety of foods; maintenance of a desirable weight; avoidance of  
17 excess fat, saturated fat, and cholesterol in the diet; intake of adequate starch and fiber;  
18 avoidance of excess sugar and sodium; and moderate, if any, alcohol intake can delay or  
19 prevent the onset of certain diseases; and

20 WHEREAS, efforts of the Georgia Dietetic Association, the Georgia Dietetic Foundation,  
21 the Georgia Nutrition Council, and other professional organizations are contributing to a  
22 healthy Georgia.

1 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE that the members of this body  
2 recognize the foregoing by designating March, 2002, as "National Nutrition Month" in  
3 Georgia and join dietitians and other nutritionists across this state in celebrating this  
4 designation.

5 BE IT FURTHER RESOLVED that the Secretary of the Senate is authorized and directed  
6 to transmit an appropriate copy of this resolution to the Georgia Dietetic Association.