

House Resolution 1224

By: Representative Childers of the 13th

A RESOLUTION

1 Designating National Nutrition Month in Georgia; and for other purposes.

2 WHEREAS, licensed dietitians and other qualified nutritionists are the providers of dietetics
3 and medical nutrition therapy for the citizens of this state; and

4 WHEREAS, licensed dietitians and other qualified nutritionists educate citizens on good
5 nutritional intake and its contribution to sustained good health and improved quality of life;
6 and

7 WHEREAS, through the efforts of licensed dietitians and other health care providers in
8 providing improved nutrition to the general population the diseases of nutritional deficiencies
9 such as rickets, pellagra, scurvy, beriberi, xerophthalmia, and goiter have largely been
10 conquered; and

11 WHEREAS, five of the ten leading causes of death in Georgia, coronary heart disease,
12 cancer, stroke, diabetes, and atherosclerosis, are linked with diet; and

13 WHEREAS, the afflictions of high blood pressure, obesity, osteoporosis, liver disease, and
14 gastrointestinal maladies have a link to dietary excesses or deficiencies; and

15 WHEREAS, good nutrition practices taught to the citizens of Georgia by licensed dietitians,
16 including intake of a variety of foods; maintenance of a desirable weight; avoidance of
17 excesses of fat, saturated fat, and cholesterol in the diet; intake of adequate starch and fiber;
18 avoidance of an excess of sugar and sodium; and moderate, if any, alcohol intake, can delay
19 or prevent the onset of certain diseases; and

20 WHEREAS, efforts of the Georgia Dietetic Association, the Georgia Dietetic Foundation,
21 the Georgia Nutrition Council, and other professional organizations are contributing to a
22 healthy Georgia.

1 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
2 the members of this body recognize the foregoing by designating March 2002 as "National
3 Nutrition Month" in Georgia and join dietitians and other nutritionists across this state in
4 celebrating this designation.

5 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
6 and directed to transmit an appropriate copy of this resolution to the Georgia Dietetic
7 Association.